



Church of King Charles the Martyr NOTICES

Sunday 8 February
2 Before Lent



NOTE: All services are broadcast live on Facebook*

*Please see a Welcomer or Church Warden for advice on where to sit to avoid the camera

0930 Sung Eucharist

Officiant: Revd Emma-Jane Wilkinson
Churchwarden: Bill S
Musicians: Simon and Choir
Readers: Sasha B
Intercessor: Jean B
Chalice: Judith R
Welcomers: Lynn J

Music: 263 All creatures of our God and King (omit * verses), 342 Breathe on me, Breath of God, 258 O Christ the same, 466 Thou whose almighty word

Anthem: Praise, O Praise - How

1100 Morning Worship

Officiant: Revd Emma-Jane Wilkinson
Churchwarden: Bill S
Musicians: Simon and Singers
Readers: Gary D
Intercessor: Emma K
Welcomers: Jenny D, Ann D
Powerpoint: David H

Music: 191 I am a new creation, 48 Be still and know that I am God, 447 Seek ye first, 268 I will seek your face, 375 (NEH) I danced in the morning, 432 Praise God, from whom all blessings flow

1500 Messy Church

Theme: Love – how do we grow and share love

Officiant: Revd Emma-Jane Wilkinson

Readings for Sunday 8 February

2 Before Lent

Collect

Almighty God,
you have created the heavens and the earth
and made us in your own image:
teach us to discern your hand in all your works
and your likeness in all your children;
through Jesus Christ your Son our Lord,
who with you and the Holy Spirit reigns supreme over all things,
now and for ever.

Genesis 1.1—2.3 – page 3

Psalms 136

Romans 8.18–25 – page 1135

Matthew 6.25–34 – page 971

Post Communion

God our creator,
by your gift
the tree of life was set at the heart of the earthly paradise,
and the bread of life at the heart of your Church:
may we who have been nourished at your table on earth
be transformed by the glory of the Saviour's cross
and enjoy the delights of eternity;
through Jesus Christ our Lord.

Potters Bar Food Bank

The food bank is in need of

non perishable food (including cooking oil, tinned meat and fish, tinned fruit), toiletries, laundry and washing detergent and home cleaning products.

The collection boxes are in the Link corridor outside the office. Access to the foodbank is by referral, please speak to local clergy in confidence.

Please give generously

Musings from the vicarage

Benjamin Franklin said that there are only two certainties in life – death and taxes! For many of us, we regularly think about our taxes, especially at this time of year when tax returns are due, but how often do we think about our death, and in particular planning for our funeral.

As you will know, today as a church we, with her family, entrust our sister Janice Lacey to God. Janice was a faithful member of KCM, involved since she joined the church, having moved to Potters Bar in 1975, with so many different aspects of KCM's life. She was on the cleaning and cake rotas; was treasurer of the Mothers Union and chair of the Ladies club; was on church social committee and in charge of the Easter garden for many years.



Planning her funeral with her daughters has been a joy and we are certain that we are providing the funeral that she wanted, why, because she provided us with such comprehensive instructions via a letter that she wrote to her daughter in 2005. In this letter she outlined the hymns, the music she wanted played, poems and liturgical items that she wanted included and with that lovely twinkle in her eye told us exactly what we were not to do. For example, she wants played the whole, not a quarter, not a half of the pieces of music she has chosen for the beginning and end of the service.

I wonder what hymns you would choose for your funeral? I know, for example, that one of the hymns my dad wants is 'Up from the grave he arose' which I am sure says something about both his faith and his sense of humour! However, I don't know what music he would like at the beginning or the end, or even what his favourite bible verse is. I do know that my dad wants to be cremated unlike my mother who was insistent that she should be buried, which she was.



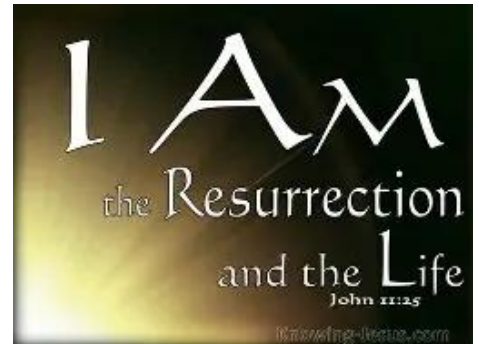
And I also know, as I told Simon the other week after he had played it so beautifully at David Burrows funeral, that I want the Hallelujah chorus played at my funeral, along with the hymn 'Great is thy faithfulness' because that is what God has been to me time and time again throughout my life!

It is never too early to plan your funeral, and it is not a macabre thing to think about because when the time comes it will help your family immensely. If you would like me to support you in doing this, please get in contact as it would be a pleasure and a privilege to do so.

And while we are on the subject, I would urge you to think very carefully before deciding to have a direct cremation, something that we are seeing advertised a lot at the present time.

A direct cremation, for anyone who is unsure what it is, is a simple unattended cremation that occurs without a formal funeral service and although it is possibly cheaper, it does not allow those whom you have left behind to say goodbye and to have closure.

As Christians, we believe that death is not the end because Jesus died on the cross and rose again so that we can be reconciled with God and spend eternity with him. This is our hope. Janice and all those who have gone before us, are part of the cloud of witnesses, which is referred to in the letter to the Hebrews, who are cheering us on as we run the race that has been set for us, and one day we believe we will see them again and what a glorious day that will be because as my grandmother always said, and which was the theme of her funeral, 'the best is yet to come'.



Revd Emma

Dates for your diary and for prayer

Each week our worship follows this pattern

Tuesday morning	1000 Eucharist
Wednesday morning	Please take a few minutes to pray for our community
Sunday morning	0930 Sung Eucharist; 1100 Morning Worship
Tuesday 17 February	1700 Messy Church Pancake Party
Wednesday 18 February	1000 Ash Wednesday Eucharist 1930 Churches Together service at Our Lady and St Vincent, Mutton Lane
Sunday 22 February	1100 Café Church
Wednesday 6 March	1000 Service for World Day of Prayer at Our Lady and St Vincent
Saturday 7 March	0830 Churches Together Breakfast prayers at St Mary's, The Walk, EN6 1QQ

Prayer – Week beginning 8 February

We invite you to pray on a Wednesday morning, no matter where you are, for our community, our town and the wellbeing of all.

Please pray for: Janice's family and friends as they come to terms with her loss and gather to say goodbye and for all those who we have loved and lost and who we believe are part of the great cloud of witnesses who are cheering us on as we run the race which God has set before us.

Those who live in: The Broadway, Bridgefoot Lane, Brooklands Gardens

The recently departed: Janice Lacey, and any others known to us personally.

Anniversary of death: Peggy Coles-Webb, George Lewis-Lloyd, priest, Kathleen Abson, and all whose anniversary falls at this time.

If you or someone you know is in need of prayer, please contact the ministry team to have a chat or ask to speak to one of the pastoral team who will be happy to support you. The prayer list is published each week. **It is reviewed at the end of each month, so please let us know if you wish a name to stay on the list.** If you or a loved one are not on the list and would like to be added, please do let Revd Emma or the Office know.

In line with the Parish Prayer Policy, please ensure that you have permission from the person whose name you wish to add to the list.

Please email any requests for names to be added to the office (office@kcm-church.org.uk) no later than 5pm on a Wednesday.

If you wish to see a copy of the Parish Prayer Policy then please contact the office.

Coming up in church and on Facebook

Sunday 15 February – Next before Lent

Readings: Exodus 24.12–end, Psalm 2 or 99, 2 Peter 1.16–end, Matthew 17.1–9

0930 Sung Eucharist

Officiant: Revd Emma-Jane Wilkinson
Churchwarden: Bill S
Musicians: Simon and Choir
Readers: Lynn J
Intercessor: Judith R
Chalice: David T
Welcomers: Steve J

Music: 234 Christ, whose glory fills the skies, 343 Bright the vision that delighted, 389 Jesus, these eyes have never seen, 271 Alleluya, sing to Jesus

Anthem: My eyes for beauty – Howells

1100 Morning Worship

Officiant: Revd Emma-Jane Wilkinson
Churchwarden: Bill S
Musicians: Simon and Singers
Readers: Pina H
Intercessor: Terry H
Welcomers: David H, Maggie B
Powerpoint: David D
Childrens Group: Claire S, Helen S

Music: 156 He is exalted, 123 God forgave my sin in Jesus' name, 353 Meekness and majesty, 926 Open the eyes of my heart, Lord, 293 Jesus reigns over sin, 296 Jesus shall take the highest honour

Tuesday 17 February

1700-1900



Shrove Tuesday

Join us as the Community Café serve up pancakes with a variety of toppings. There will also be arts, crafts and games for children of all ages.

NOTICES



Charlie's Angels – When you shop at Tescos over the next few weeks, please put some blue tokens into the collection point for Charlies Angels as we are currently one of their charities. We are hoping to receive a grant of £1500 to help us to update and buy new toys for the group. They are a lovely group and the leaders do a fantastic job and they really deserve this recognition. Tell your friends and spread the word. You can even make a video like mine [Tesco Stronger Starts](#) to share on social media if you go to [Tesco Stronger Starts](#) and search for King Charles the Martyr.

MAPPA. The MAPPA for March was emailed out earlier this week. Please do check sooner rather than later, that you are able to do the tasks you have been allocated. If you are unavailable to make your allotted day, then please will you arrange to swap with someone else and then let Imogen know by email as she is not part of the WhatsApp group. If you have not received the MAPPA and were expecting to, then please let Imogen know. Spare copies are available at the back of the church.

Lent Study Groups: During Lent there are two opportunities to join a weekly group. We are trialling one on a Thursday morning at 1000 before the cafe opens to encourage people to come to the study and then go to the cafe for refreshments or lunch. This will be held in the Church lounge. The second group will meet on a Tuesday evening in the vicarage at 1930. Please sign the list at the back of church if you are interested in joining us.

Tuesday 1930 – 2100 Vicarage	Thursday 1000 – 1130 Church Lounge
24 th February	26 th February
3 rd March	5 th March
10 th March	12 th March
17 th March	19 th March
24 th March	26 th March
31 st March – Holy Week Cocoa and compline	2 nd April – Café Maundy Thursday service



Lent materials For our Lent groups, we will be using the Church of England's lent materials – Draw near, Life giving habits for lent. The sessions are centred around a summary of the Christian way from Common worship which identifies six activities essential to our calling as disciples. - worshipping together, **praying, exploring the**

Bible, sharing **communion**, offering **service** and **sharing the good news** with others. Alongside our course, there are daily devotions which can be accessed on the Everyday Faith app or via email. If you would prefer to have these in a book form, please let me know and I can order some. There is also a parallel 40-day challenge for families and children which explores the life-giving habit of generosity in partnership with 40acts. To find out more, visit the website: [Draw Near: Life-giving habits for Lent | The Church of England](https://www.churchofengland.org/draw-near)

St Albans Cathedral currently has four exciting vacancies and they would love to hear from people who feel called to contribute to the life and ministry of this special place:

Cathedral Safeguarding Officer: <https://ow.ly/V0Va50YIE5W>

Head Virger: <https://ow.ly/qJCR50YIE5Z>

Canon Chancellor: <https://ow.ly/luXe50YIE5Y>

Visitor Donations Assistant: <https://ow.ly/qY9M50YIEXM>

If you or someone you know would be a great fit for one of these roles, find out more and apply via the links.

King Charles the Martyr celebrations and Patronal Festival

The celebrations in Edinburgh, London and at our own church last weekend were great and I think we remembered King Charles I well! It was so lovely to see Bishop Michael, and he sent his regards to everyone at KCM. If the weekend has inspired any of you to join the Martyr association, please speak to Lynn or myself and we can give you details as to how to do so. We also have some spare copies of this year's annual if you would like one.



Upcoming Dates

Tuesday 17 February. We are holding a Pancake party from 1700 - 1930! For this we need volunteers to invite people to come, make pancakes, welcome our guests, man games and activities, clearing up at the end. Please sign-up on the sheets at the back of church and take some leaflets to advertise it to those you know. Alternatively, please let David or Revd Emma know if you can help.



Shrove Tuesday



Wednesday 18 February. There will be an Ash Wednesday Eucharist in church at 1000 with the imposition of ashes and then a Churches Together service at 1930 at the Catholic church to which everyone is welcome. If you would like to join the choir for this, please speak to Simon and put the date in your diary to come along. This is a very important date in the church year.



Palm Crosses. On Sunday 15 February we will be burning last year's palm crosses in order to make the ash for use on Ash Wednesday. If you have your cross, and are willing to part with it, please bring it to church and put it in the basket at the back. Many thanks. Lynn and Revd Emma

Mothering Sunday this year is on Sunday 15 March and in preparation we would be grateful if people would collect and bring into the link corridor, where there will be a box, small clear plastic bottles so that these can be planted with pansies to give to the mothers who are in church that day.



If Mothering Sunday is a day that you find difficult, which many of us do for a wide variety of reasons, there will be a more reflective said communion service at 9:00 that morning in addition to the joint service at 10:30

UK Aid to Ukraine

The next lorry will be going in early March. If you have any of the following items please let Stella H know and drop them off to her by Friday 20 February 2

- Summer clothes for all ages.

- Toiletries: toothpaste, tooth brushes, soap, shampoo, shower gel, toilet paper
- washing powder, ladies sanitary products etc.
- Medical items: Paracetamol (in date), bandages, plasters, hand sanitizer
- Non perishable food eg rice, pasta, chickpeas, lentils, beans, all pulses, tinned vegetables and fruit, biscuits, treats eg chocolate and sweets.
- Toys
- Maternity and baby items: milk formula, nappies, wipes

Safeguarding Awareness. At our PCC meeting last night, we reviewed the risk assessments for all the various activities that we are involved in as a church. This included worship on a Sunday morning, Messy Church, Charlies Angels, the Community cafe, church cleaning and many more. Risk assessments are a vital part of safeguarding, and we are very grateful to all those who have spent time completing these. Once they are finalised, they will be made available for anyone to look at.

EcoTip 2 before Lent: Why not take action to reduce your carbon footprint in Lent. Sign up to [Carbon Fast for Lent | Climate Stewards](#) for ideas.

Supporting the work and mission of this church

The Church of King Charles the Martyr provides a spiritual focus and outstanding facilities for the local community. It is **OUR** church and like all charities is dependent on the generosity of its members, the local community, and others to make it prosper. The church and halls cost us over **£3000 a week** to run and this isn't possible without your generosity.

*If you would like to support the work of the Church of King Charles the Martyr, you can do this either as a one off or by joining our regular giving scheme please speak to our Treasurer to set up **regular giving** to help us plan*

- by joining the Parish Giving Scheme [Potters Bar King Charles - Parish Giving Scheme](#)
- with the **cashless giving machine in church or online** on our webpage.
- **Remember us in your Will.** Legacies are a tax efficient way of giving to the church. Please do think about us when making or revising your Will.
-

How to access services at KCM

Sunday mornings go to the church website www.kcm-church.org.uk and click on the link on that page it will take you to Facebook where you will be able to click on the LIVE streaming or watch the services from previous weeks.

If you are in church, please be aware that services are live streamed and that you may like to sit nearer the back if you do not wish to be on camera.

How to stay in touch

This notice sheet is posted on our website each week, emailed to all those on our mailing list and posted to those without email access. *If you would like to receive a paper copy of this notice sheet please contact the office.*

The Church office is staffed and open to the public 9am - 12noon Monday and Thursday. Please do call ahead to ensure that someone will be available to help you. Outside of these hours email and calls are monitored but please be aware it may take a few days for us to get back to you.

We have a **KCM Family WhatsApp** group for information about the church and a **KCM Social WhatsApp** group to share the more lighthearted social chat – if you would like to join these groups please contact Revd Emma or the wardens to be added.

Keep an eye on our social media

YouTube <https://www.youtube.com/channel/UCbHtNFKZaN7fHV1kIL2tYUQ>

Facebook <https://www.facebook.com/KCMChurchPottersBar/>

Please send information for this notice sheet to Imogen at office@kcm-church.org.uk by 5pm Wednesday evening.

In case of pastoral need, please contact Revd Emma.

Contact details:

The Vicar	Revd Emma-Jane Wilkinson	Rest Day: Friday
	01707 661266 / 07549516589	vicar@

Please email the relevant person and we will get back to you as soon as we can.

All email addresses are xxx@kcm-church.org.uk

Lay Minister / Reader	David Thomson	reader@
Church Warden	Phil Townsend	churchwarden1@
Church Warden	Bill Simpson	churchwarden2@
Safeguarding Officer	Helen Schmitz	safeguarding@
Admin Assistant	Imogen St Pierre	office@
PCC Secretary	Nicola Thrussell	pccsecretary@
Treasurer	Steve Jones	treasurer@
Children and Families Worker	Vacant	families@
Youth Worker	Vacant	youth@
Music	Simon Worley	music@

For all hall enquires please email Imogen or Nikki using the halls address and they will respond as soon as they can. www.kcm-church.org.uk 01707 665579



@KCMChurchPottersBar



Snowdrop Garden Open Days — in Support of the Beds & Herts Historic Churches Trust

We are pleased to share that the **Bishop of St Albans' Garden** will open to visitors this February, offering a much-loved chance to enjoy God's creation in its early spring beauty. This year's openings may be **the last time** the garden is made accessible to the public, making the occasion especially

meaningful.

Thousands of snowdrops and other early bulbs will be in bloom, creating a peaceful, uplifting place to wander and reflect. All proceeds will go directly to the **Beds and Herts Historic Churches Trust**, which helps fund essential repairs to historic churches across Bedfordshire and Hertfordshire.

Bishop Richard, Acting Bishop of St Albans, writes:

"This is a lovely way to enjoy the first signs of spring while supporting an important cause. We're proud to contribute to preserving the unique heritage of our local churches."

Open Garden Dates

Abbey Gate House, Abbey Mill Lane, St Albans AL3 4HD

- Saturday 14 February
- Sunday 15 February
- Saturday 21 February
- Sunday 22 February

Time: 2pm–4pm

Entry: £5 per adult (all proceeds to the Trust)



All are warmly invited to visit the garden—perhaps for the final time as we are not sure if the new Bishop will continue to allow the garden to be opened to the public —enjoy its seasonal beauty and support the preservation of our cherished church buildings.

For more information, please contact:

Jane Smith, PA to the Bishop of St Albans

Phone: 01727 229 073

Email: janesmith@stalbandiocese.org