

1030 Sung Eucharist

Officiant:	Revd Hugh Wikner
Churchwarden:	Bill S and Phil T
Musicians:	Simon & Choir
Reader:	Sue T
Intercessor:	Judith R
Welcomers:	Jean B, Steve J

Readings: Nehemiah 8.1-3, 5-6, 8-10, Psalm 19, 1 Corinthians 12.12-31a, Luke 4.14-21

Music: 6 Hark, the glad sound, Psalm 19 V.1-6, 410 My God, how wonderful thou art, 415 O for a thousand tongues to sing.

Anthem: Teach me, O Lord - Attwood

All are welcome

An announcement from Bishop Michael and Archdeacon Janet of Hertford. Announced on Sunday 16th January 2022

We are pleased to announce that the Revd Atalie Gaines, Vicar at King Charles the Martyr Potters Bar, has been appointed to an additional post of Priest-in-Charge of the benefice of South Mymms and Ridge and the Revd Ayoob Adwar, who has Permission to Officiate in London Diocese, has been appointed as Assistant Curate with special responsibility for the benefice of South Mymms and Ridge (also working in the benefice of King Charles the Martyr, Potters Bar).

This is subject to completion of the usual legal formalities after which further information will be announced. Meanwhile please remember Atalie, Ayoob, his wife Nezah and their family, in your prayers as they prepare to take up these posts.

With our prayers and best wishes, Bishop Michael and Archdeacon Janet

Face Masks are no longer legally required in places of worship. However, to maintain a duty of care for one another, we will continue to ask people to wear face coverings in church, sanitise hands entering and leaving, provide online streaming for those wishing to join from home. Please help us by cooperating and respecting others. Thank you.

Covid Security. If you have concerns about how Covid secure we are then please do speak to the Church Wardens.

Readings for Sunday 23 January – Epiphany 3

Collect

Almighty God,
whose Son revealed in signs and miracles
the wonder of your saving presence:
renew your people with your heavenly grace,
and in all our weakness
sustain us by your mighty power;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Nehemiah 8.1-3, 5-6, 8-10

¹ all the people gathered together into the square before the Water Gate. They told the scribe Ezra to bring the book of the law of Moses, which the Lord had given to Israel. ² Accordingly, the priest Ezra brought the law before the assembly, both men and women and all who could hear with understanding. This was on the first day of the seventh month. ³ He read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law. ⁵ And Ezra opened the book in the sight of all the people, for he was standing above all the people; and when he opened it, all the people stood up. ⁶ Then Ezra blessed the Lord, the great God, and all the people answered, “Amen, Amen,” lifting up their hands. Then they bowed their heads and worshiped the LORD with their faces to the ground.⁸ So they read from the book, from the law of God, with interpretation. They gave the sense, so that the people understood the reading.⁹ And Nehemiah, who was

the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, “This day is holy to the Lord your God; do not mourn or weep.” For all the people wept when they heard the words of the law. ¹⁰ Then he said to them, “Go your way, eat the fat and drink sweet wine and send portions of them to those for whom nothing is prepared, for this day is holy to our Lord; and do not be grieved, for the joy of the Lord is your strength.”

Psalm 19

- ¹ The heavens are telling the glory of God;
and the firmament proclaims his handiwork.
- ² Day to day pours forth speech,
and night to night declares knowledge.
- ³ There is no speech, nor are there words;
their voice is not heard;
- ⁴ yet their voice goes out through all the earth,
and their words to the end of the world.
In the heavens he has set a tent for the sun,
⁵ which comes out like a bridegroom from his wedding canopy,
and like a strong man runs its course with joy.
- ⁶ Its rising is from the end of the heavens,
and its circuit to the end of them;
and nothing is hid from its heat.
- ⁷ The law of the Lord is perfect,
reviving the soul;
the decrees of the Lord are sure,
making wise the simple;
- ⁸ the precepts of the Lord are right,
rejoicing the heart;
the commandment of the Lord is clear,
enlightening the eyes;
- ⁹ the fear of the Lord is pure,
enduring forever;
the ordinances of the Lord are true
and righteous altogether.
- ¹⁰ More to be desired are they than gold,
even much fine gold;
sweeter also than honey,
and drippings of the honeycomb.

¹¹ Moreover by them is your servant warned;
in keeping them there is great reward.

¹² But who can detect their errors?
Clear me from hidden faults.

¹³ Keep back your servant also from the insolent;
do not let them have dominion over me.

Then I shall be blameless,
and innocent of great transgression.

¹⁴ Let the words of my mouth and the meditation of my heart
be acceptable to you,
O Lord, my rock and my redeemer.

I Corinthians 12.12-31a

¹² For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. ¹³ For in the one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and we were all made to drink of one Spirit.

¹⁴ Indeed, the body does not consist of one member but of many. ¹⁵ If the foot would say, “Because I am not a hand, I do not belong to the body,” that would not make it any less a part of the body. ¹⁶ And if the ear would say, “Because I am not an eye, I do not belong to the body,” that would not make it any less a part of the body. ¹⁷ If the whole body were an eye, where would the hearing be? If the whole body were hearing, where would the sense of smell be? ¹⁸ But as it is, God arranged the members in the body, each one of them, as he chose. ¹⁹ If all were a single member, where would the body be? ²⁰ As it is, there are many members, yet one body. ²¹ The eye cannot say to the hand, “I have no need of you,” nor again the head to the feet, “I have no need of you.” ²² On the contrary, the members of the body that seem to be weaker are indispensable, ²³ and those members of the body that we think less honourable we clothe with greater honour, and our less respectable members are treated with greater respect; ²⁴ whereas our more respectable members do not need this. But God has so arranged the body, giving the greater honour to the inferior member, ²⁵ that there may be no dissension within the body, but the members may have the same care for one another. ²⁶ If one member suffers, all suffer together with it; if one member is honoured, all rejoice together with it.

²⁷ Now you are the body of Christ and individually members of it. ²⁸ And God has appointed in the church first apostles, second prophets, third teachers; then deeds of power, then gifts of healing, forms of assistance, forms of leadership,

various kinds of tongues. ²⁹ Are all apostles? Are all prophets? Are all teachers? Do all work miracles? ³⁰ Do all possess gifts of healing? Do all speak in tongues? Do all interpret? ³¹ But strive for the greater gifts. And I will show you a still more excellent way.

Luke 4.14-21

¹⁴ Then Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. ¹⁵ He began to teach in their synagogues and was praised by everyone. ¹⁶ When he came to Nazareth, where he had been brought up, he went to the synagogue on the Sabbath day, as was his custom. He stood up to read, ¹⁷ and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written: ¹⁸ “The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, ¹⁹ to proclaim the year of the Lord’s favour.” ²⁰ And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. ²¹ Then he began to say to them, “Today this scripture has been fulfilled in your hearing.”

Post Communion

Almighty Father,
whose Son our Saviour Jesus Christ is the light of the world:
may your people,
illumined by your word and sacraments,
shine with the radiance of his glory,
that he may be known, worshipped, and obeyed
to the ends of the earth;
for he is alive and reigns, now and for ever.

Praying for Growth We as a church have committed to praying for growth in our private devotions and as a church community in our intercessions in our worship. Please do join us as we pray.



God of Mission

Who alone brings growth to your Church,
Send your Holy Spirit to give Vision to our planning,
Wisdom to our actions,
And power to our witness.
Help our church to grow in numbers,
In spiritual commitment to you,
And in service to our local community,
Through Jesus Christ our Lord.
Amen



Leading your Church
into Growth

Dates for your diary

Tuesday morning Eucharist 1000

Wednesday morning please take a few minutes to pray for our community.

18 – 25 January The Week of Prayer for Christian Unity

Thursday evenings at St Mary's Living in Love and Faith course (5 weeks)

Sunday 30 January Patronal Festival 1030 Communion Service & 1600 Evensong

Saturday 12 February 0800 Prayer for Growth breakfast

0900 First Aid Training. See Notices for more information and how to sign up

Sunday 13 February 1500 Messy Church with a Frozen theme

Tuesday 15 February Morning Worship meeting 0730 Venue TBC

Wednesday 23 February 2000 PCC meeting

Saturday 26 February 0900-1100 Weekend PCC meeting open to all
1600-1800 Pancake Party – further details to follow soon

Prayer – Week beginning 23 January

Each new year the names on this list are reviewed and updated. If you would like you or your loved ones name to remain on the list please contact Imogen to let her know by Sunday 30 January.

After this date names that have not been claimed will be removed.

We invite you to pray with our pastoral care group each week on a Wednesday morning. No matter where you are, you are encouraged to pray for our community, our town and the wellbeing of all.

Please pray for ALL members of our community, especially: Helen, our safeguarding officer and all those who are renewing their safeguarding training as we love and care for our community.

Those who live in: Ranworth Gardens, Oulton Crescent & Pinewood Drive.

The recently departed: Neo Notley and all those who have died in the past week.

Anniversary of death: Harry Throup, Revd Gareth Randall, Emily Oakley, Rosalie Thomas, Penny Broomhead, Jean Thomson, Michael Westmacott and all those whose anniversary falls at this time.

If you or someone you know is in need of prayer please contact Revd Atalie to have a chat and for your name to be added to her private prayers or to the list that is published each week. This list is regularly reviewed, and people added, moved or removed as required. If you

are not on the list and would like to be added, or if you or a loved one are, but feel that this is no longer needed, please do let Revd Atalie know.

My funeral plans and bereavement. The Church of England has lots of resources for planning your funeral or coping with bereavement. If you would like to talk this through, please call Revd Atalie. <https://www.churchofengland.org/life-events/funerals/my-funeral-plans>

www.ataloss.org

If you can't be in church, why not light a candle at home or online.

www.churchofengland.org/our-faith/light-candle

Potters Bar Food Bank

The food bank is in need of

**Long life milk, toilet rolls, toothbrushes and tooth paste,
jam, oil, soups, Pampers Nappies size 3 & 5.**

Whilst other donations are appreciated, they are short of storage space, so
please consider carefully what you can contribute.

The Foodbank is also in need of funds to help to pay for their storage space
which costs £120 a month. Donations can be made through their webpage.

<https://pottersbar.foodbank.org.uk/>

**The collection boxes for the Potters Bar Food Bank are outside the
vicarage and in the Link corridor outside the office.**

Next week in church and on Facebook

Sunday 30 January 2022 – Patronal Festival

1030 Joint Service

Officiant: Revd Atalie
Churchwarden: Bill S and Phil T
Musicians: Simon & Singers
Reader: Elaine H
Intercessor: Terry H
Welcomers: Ann D and David H

Readings: Isaiah 43.1-7, Romans 8.35-end, Matthew 10.16-22

Music: 349 Make way, make way, 322 Like a candle flame, 341 Lord you have my heart, 328 Lord have mercy, 335 Lord the light of your love is shining, 438 Rejoice, rejoice.

1600 Patronal Evensong

Officiant: Revd Atalie, Vicar
Preacher: Father Stefan
Churchwarden: Bill S and Phil T
Musicians: Simon & Choir
Reader: Anna B, Sasha B
Intercessor: Father Stefan
Welcomers: Lynn J and Nicola T

Readings: Psalm 122, Haggai 2, 1-9, John 2. 18- 22

Music: Locus Iste – Bruckner, Bramma, 217 Martyr of God, whose strength was steeled (tune 486), 484 The church's one foundation, Glory and worship bring

Anthem: Behold, the tabernacle of God - Harris

NOTICES

Neo Notley's funeral will take place at King Charles the Martyr church, Potters Bar at 2.00 pm, followed by the cremation at New Southgate crematorium, at 3.00 pm. There will be refreshments served in church following the service.

Family flowers only please. If you wish to make a donation in Neo's memory, the two chosen charities are Traidcraft (www.traidcraft.org.uk) and make a note that your donation is in memory of Neo) and the WWF Neo Notley

(wwf.org.uk). If you'd rather send a cheque or make a bank transfer, please contact Sarah on sarahlouisegc@gmail.co.uk for details.

Notice Sheet. The Notice Sheet is now being sent out in a pdf format rather than using Mail Chimp. Please let Imogen know if you did not receive it or hear of someone who would like it emailed to them.

Saturday 12 February

Prayer for Growth Breakfast 0800 This month we will meet half an hour earlier to allow us to pray, have breakfast and for people to go on to First Aid Training. Do join us as we pray for the growth of our parish.

First Aid Training Saturday 12 February, 0900-1200 We are committed to delivering all our activities safely at KCM therefore we are again offering 3 hours of First Aid training to those who would like to sign up. Places are limited, and we will keep a waiting list.

If you would like to attend please email office@kcm-church.org.uk to reserve your space. **There are only 8 places left.**



Morning Worship I would very much like to see Morning Worship return to its distinctive style but need your help. I would like to invite you to become part of the planning team for that service. We will meet on Tuesday 15 February to plan what our future worship will look like. Please do let me know if you would like to be involved as we continue to lead our church into growth. Revd Atalie vicar@kcm-church.org.uk

New Worship Songs. Sunday 27 February 4pm we are going to have a service to learn so new songs for Morning Worship. Maybe there is a song that is in the books that you love, but we never sing or perhaps you've heard something new that you wish we would sing. Please do let Simon know so that we can learn it and share it with you.

Cleaning rota. We are hoping to start up the cleaning rota again – if you could help clean the church for a couple of hours a month please let Imogen know.

Training. If you missed out on the Unconscious Bias Training in December, another online course is planned for February – it's free for all. Monday 21 February 7-9pm, training to help highlight and reduce our Unconscious Bias, for clergy and laity in St Albans Diocese. For further details and booking go to [Unconscious Bias Training \(MDT\) Tickets, Mon 21 Feb 2022 at 19:00 | Eventbrite](#)

There is also another free online course for Active Bystander Training on Tuesday 8 March 10am – 12noon in which Shelia McAlpine explores how Christians call out bad behaviour instead of walking on by. For further details and bookings go to [Active Bystander - Calling out Bad Behaviour \(MDT\) Tickets, Tue 8 Mar 2022 at 10:00 | Eventbrite](#)

Hertfordshire Fire and Rescue. More than three quarters of fire related deaths happen in the home. You can make sure that your home is safe by arranging a Safe and Well visit.

Safe & Well visits are carried out by uniformed officers free of charge. You will receive advice on making your home safe and on staying well. Fire and Rescue Service will fit smoke detectors where necessary and check your existing ones. With a working smoke alarm, you are 4 times more likely to survive. Safe & Well visits are available to anyone. It won't cost you a penny, but it could save a life. For further information please visit [Hertfordshire Fire and Rescue: Arrange a Safe and Well visit](#) or call 0300 123 4046

Suicide Intervention Training. In conjunction with Herts CC, Harmless (www.harmless.org.uk) are offering free online Suicide Intervention Training on several dates in February. The course will cover a number of topics, including recognising suicide behaviours, managing difficult situations, offering the right support and knowing what to say to suicidal people.



Suicide Intervention training

February 2022

For frontline staff, professionals & volunteers in Hertfordshire

Tuesday 1st February, 12:30-16:30, via Zoom

Thursday 3rd February, 09:00-13:00, online Zoom

Friday 4th February, 12:30-16:30, online via MS Teams

Tuesday 8th February, 12:30-16:30, via Zoom

Thursday 10th February, 09:00-13:00, online via Zoom

Monday 14th February, 12:30-16:30, via Zoom

Wednesday 16th February, 09:00-13:00, online via MS Teams

Thursday 17th February, 09:00-13:00, online via MS Teams



For more information or to book a place:

harmless.eventbrite.co.uk

training@harmless.org.uk

0115 880 0281

The Week of Prayer for Christian Unity takes place from the 18th – 25th January 2022. You are warmly invited to join Christians from across Hertfordshire in prayer together in an online event on the **25th January at 7.30pm**. The Rt Revd Michael Beasley, Bishop of Hertford, will be with us to lead a short service of prayer and there will be contributions from other church leaders from across the churches in Hertfordshire. Please do put this date in your diaries. Join Zoom Meeting:
<https://us02web.zoom.us/j/89465881609?pwd=aHduWWw3bINV0VlZ0Iza3IWdkt5Zz09> Meeting ID: 894 6588 1609 and Passcode: 656904

Royal Martyr Church Union. The London Solemn Eucharist will be held at 11.30 am on **Saturday 29 January 2022** in St Bartholomew the Great. The celebrant will be our President, Bishop Christopher of Southwark, ably

supported by our Chaplains, Canon William Gulliford and the Reverend Marcus Walker. We are delighted to welcome as the preacher our fellow member, the Reverend Canon Geoffrey Harbord, Precentor of Sheffield Cathedral. The service will be followed by sherry and the Loyal Toast in the adjacent Cloister. Arrangements are also being made to have the service broadcast worldwide. We hope that this will be helpful to some of you who are concerned about the coronavirus, or otherwise feel unable to leave home. We now hope to be able to arrange lunch, on a paying basis, in a nearby restaurant afterwards. Given the fluidity of the situation, we are not yet providing details or seeking payment for lunch.

Subscriptions (Minimum rates: £15.00 for an individual or £20.00 for a couple within the United Kingdom and dependencies within the British Isles; £20.00 for an individual overseas; £25.00 for a couple overseas) will be due at 1 January 2022, please, from those of you who pay your subscription annually by cheque. Please also consider making a further voluntary contribution towards supporting the Union's work. Cheques should be payable to Royal Martyr Church Union and sent to me at 7 Nunnery Stables, St Albans, Hertfordshire AL1 2AS. I am having the RMCU registered for Gift Aid in order to make such contributions even more effective and worthwhile. With every good wish for Christmas and the New Year, David Roberts 01727 856626

If you would like to make your donation electronically, the Union's bank details are these: Account: The Royal Martyr Church Union, Bank: The Royal Bank of Scotland plc, Office: 36 St Andrew Square, Edinburgh EH2 2AD, Sort code: 83-06-08, Account number: 10921514

How to access services at KCM

The PCC agreed we will return to two services at the beginning of Lent 2022, Sunday 6 March 2022, after the winter has passed.

We will continue with the alternate pattern of service on Sunday mornings, but on the third Sunday of the month we will have a 9.30 said Communion followed by Morning Worship without communion.

We will continue to sanitise hands and continue to wear a face covering when in the building.

We will continue to offer communion in one kind. The heating will be on but we will keep ventilating the building so please wrap up warm.

Sunday mornings at 1030 are usually streamed on Facebook Live.

If you go to the church website www.kcm-church.org.uk and click on the link on that page it will take you to Facebook where you will be able to click on the LIVE streaming or watch the services from previous weeks.

Sunday alternating the style of worship

- 1st Morning Worship Holy Communion
- 3rd Sunday Morning Worship
- 2nd and 4th Sung Eucharist with the choir and organ
- 5th Sunday's will be a joint service of Holy communion

Daily Hope Freephone Telephone Service 0800 804 8044

It offers music, prayers and reflections as well as full worship services from the Church of England. The call is free & available 24 hours a day on 0800 804 8044

Radio. BBC Radio 4 Daily Service at 9.45 each day or Sunday worship at 8am

Premier Christian Radio can be located online or at 1305, 1332, 1413 or 1566 MW or DAB and on Freeview on your TV on channel 725.

Supporting the work and mission of this church

The Church of King Charles the Martyr provides a spiritual focus and outstanding facilities for the local community. It is **OUR** church and like all charities, is dependent on the generosity of its members, the local community and others.

If you would like to make a donation towards the work of the Church of King Charles the Martyr, either as a one off or would like to join our regular giving scheme these are the ways that you can donate

- by speaking to our Treasurer to set up **regular giving** to help us plan
- by tapping the **cashless giving machine in church**
- with a text message by texting **KCM 3 to 70085** to donate £3
- online via the **donate button** on our webpage.
- **Amazon Smile** will donate a small percentage of your purchase cost to us - just go to www.smile.amazon.co.uk to sign up
- **Old coins and notes** if you find old coins or notes as you clear out your homes please do let Steve have them as the banks will still accept them.
- **Remember us in your Will.** Legacies are a tax efficient way of giving to the church. Please do think about us when making or revising your Will.

How to stay in touch

This notice sheet is emailed to all those on our mailing list and posted to those without email access *if you would like to receive a paper copy of this notice sheet please contact the vicar.*

We have a **KCM Family WhatsApp** group for information about the church and a **KCM Jokes WhatsApp** group to share the more light hearted jokes— if you would like to join either of these groups please contact the wardens to be added.

Keep an eye on our social media

YouTube <https://www.youtube.com/channel/UCbHtNFKZaN7fHV1kIL2tYUQ>

Facebook <https://www.facebook.com/KCMChurchPottersBar/>

Twitter <https://twitter.com/home?lang=en-gb>

Please send information for this notice sheet to Imogen St Pierre
office@kcm-church.org.uk by **5pm Wednesday evening**.

In case of pastoral emergency please call the St Mary's Vicarage 01707 859028 as
Revd Atalie will be unavailable over this weekend.

Contact details:

The Vicar

The Reverend Atalie Gaines
01707 661266 / 07423 586915 vicar@

Rest Day: Friday

Please email the relevant person and we will get back to you as soon as we are able.

All email addresses are xxx@kcm-church.org.uk

Lay Minister / Reader

David Thomson reader@
Phil Townsend churchwarden1@
Bill Simpson churchwarden2@
Helen Schmitz safeguarding@
Lynn Jones halls@
Imogen St Pierre office@
Emma Kidd pccsecretary@
Steve Jones treasurer@
Nikki Edwards families@
Claire Driscoll youth@
Simon Worley music@

Church Warden

Church Warden

Safeguarding Officer

Halls Administrator

Admin Assistant

PCC Secretary

Treasurer

Children and Families Worker

Youth Worker

Music

www.kcm-church.org.uk

01707 665579



@KCMChurchPottersBar



@KCM_PottersBar

This is the book that I am recommending for Lenten reading this year. It is a good introduction to women in the bible. A short bible passage and reading each day for the forty days of Lent. This lecture will be a good start to the season, please do consider attending. Revd Atalie

<https://www.eden.co.uk/lent-books-for-individuals/forty-women/>

The Rachel Bradgate Lecture established 1671 ~ revived 2022

Why Women Matter So Much To God



Dr Ros Clarke

Christian teacher, speaker and writer; author of *Forty Women: unseen women of the Bible from Eden to Easter*

7:00pm Wednesday 23rd February 2022

St Thomas Becket Church, Northaw, EN6 4NW

Free admission

**For more details and to book tickets:
norcuff.com/annual-lecture**