



## COMING BACK TO CHURCH SAFELY

With the restrictions being lifted the Vicar, Wardens and PCC are working hard to ensure that we can welcome you back into church safely. Bishop Alan urges us all to “Be aware of the risks to ourselves and others and seek to minimise them.”

### PCC Update

At the PCC meeting on Wednesday 27 July it was agreed that we would stick with the policy of having one service on a Sunday for the time being and review this at the September PCC meeting – with a view to returning to two services in October.

We will still have hand sanitiser, encourage you to sign in and to wear a face covering when in proximity to others (although none of this is now a legal requirement).

We ask that if you wish to social distance and not sing that you sit towards the back of the church.

Please begin to think about how you feel about coming back to church as restrictions lift. We look forward, when you feel ready, welcoming you back!

## Sunday 1 August - Trinity 9

### 1030am Morning Worship Holy Communion

Officiant & preacher: Revd Atalie

Churchwarden: Phil T/ Bill S

Reader: Elaine H

Intercessions: Gary D

Musicians: Simon, Lauren & Nicki D

Welcomers: Jenny D & Elaine H

AV: Ed S

**Readings:** 2 Samuel 11.26-12.13a, Psalm 51.1-13, Ephesians 4. 1-16, John 6. 24-35

**Music:** 116 From the sun's rising, 436 Purify my heart, 183 How can I be free from sin?, 297 Jesus, take me as I am, 109 For I'm building a people of power, 402 O Lord your tenderness

# Readings for Sunday I August Trinity 9

## Collect

Gracious Father,  
revive your Church in our day,  
and make her holy, strong and faithful,  
for your glory's sake  
in Jesus Christ our Lord.

## 2 Samuel 11.26—12.13a

<sup>26</sup> When the wife of Uriah heard that her husband was dead, she made lamentation for him. <sup>27</sup> When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son. But the thing that David had done displeased the Lord, <sup>12</sup><sup>1</sup> and the Lord sent Nathan to David. He came to him, and said to him, 'There were two men in a certain city, one rich and the other poor. <sup>2</sup> The rich man had very many flocks and herds; <sup>3</sup> but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meagre fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. <sup>4</sup> Now there came a traveller to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him.' <sup>5</sup> Then David's anger was greatly kindled against the man. He said to Nathan, 'As the Lord lives, the man who has done this deserves to die; <sup>6</sup> he shall restore the lamb fourfold, because he did this thing, and because he had no pity.'

<sup>7</sup> Nathan said to David, 'You are the man! Thus says the Lord, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; <sup>8</sup> I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. <sup>9</sup> Why have you despised the word of the Lord, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. <sup>10</sup> Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. <sup>11</sup> Thus says the Lord: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbour, and he shall lie with your wives in the sight of this very sun. <sup>12</sup> For you did it secretly; but I will do this thing before all Israel, and before

the sun.’ <sup>13</sup> David said to Nathan, ‘I have sinned against the Lord.’ Nathan said to David, ‘Now the Lord has put away your sin; you shall not die.

### **Psalm 51.1–13**

- 1 Have mercy on me, O God, in your great goodness; •  
according to the abundance of your compassion  
blot out my offences.
- 2 Wash me thoroughly from my wickedness •  
and cleanse me from my sin.
- 3 For I acknowledge my faults •  
and my sin is ever before me.
- 4 Against you only have I sinned •  
and done what is evil in your sight,
- 5 So that you are justified in your sentence •  
and righteous in your judgement.
- 6 I have been wicked even from my birth, •  
a sinner when my mother conceived me.
- 7 Behold, you desire truth deep within me •  
and shall make me understand wisdom  
in the depths of my heart.
- 8 Purge me with hyssop and I shall be clean; •  
wash me and I shall be whiter than snow.
- 9 Make me hear of joy and gladness, •  
that the bones you have broken may rejoice.
- 10 Turn your face from my sins •  
and blot out all my misdeeds.
- 11 Make me a clean heart, O God, •  
and renew a right spirit within me.
- 12 Cast me not away from your presence •  
and take not your holy spirit from me.
- 13 Give me again the joy of your salvation •  
and sustain me with your gracious spirit;

### **Ephesians 4.1–16**

**4** I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, <sup>2</sup> with all humility and gentleness, with patience, bearing with one another in love, <sup>3</sup> making every effort to maintain the unity of the Spirit in the bond of peace. <sup>4</sup> There is one body and one Spirit, just as you were called to the one hope of your calling, <sup>5</sup> one Lord, one faith, one baptism, <sup>6</sup> one God and Father of all, who is above all and through all and in all.

<sup>7</sup> But each of us was given grace according to the measure of Christ's gift. <sup>8</sup> Therefore it is said,

'When he ascended on high he made captivity itself a captive; he gave gifts to his people.'

<sup>9</sup>(When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? <sup>10</sup> He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) <sup>11</sup>

The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, <sup>12</sup> to equip the saints for the work of ministry, for building up the body of Christ, <sup>13</sup> until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. <sup>14</sup> We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. <sup>15</sup> But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, <sup>16</sup> from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

### **John 6.24–35**

<sup>24</sup> So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

<sup>25</sup> When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' <sup>26</sup> Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. <sup>27</sup> Do not work for the food that perishes, but for the food that endures

for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.'

<sup>28</sup> Then they said to him, 'What must we do to perform the works of God?' <sup>29</sup> Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.'

<sup>30</sup> So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing?' <sup>31</sup> Our ancestors ate the manna in the wilderness; as it is

written, "He gave them bread from heaven to eat." <sup>32</sup> Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven,

but it is my Father who gives you the true bread from heaven. <sup>33</sup> For the bread of God is that which comes down from heaven and gives life to the world.'

<sup>34</sup> They said to him, 'Sir, give us this bread always.'

<sup>35</sup> Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

## Post Communion

Holy Father,

who gathered us here around the table of your Son

to share this meal with the whole household of God:

in that new world where you reveal the fullness of your peace,

gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord.

## Prayer -Week beginning 1 August 2021

We invite you to pray with our pastoral care group each week on a Wednesday morning. No matter where you are, you are encouraged to pray for our community, our town and the wellbeing of all.

**Please pray for ALL members of our community, especially:** for the Churches Together Holiday Club for our volunteers and all the families that we will welcome next Saturday

**Those who live in:** Clive Close, Cranborne Close, Cranborne Crescent

**The recently departed:** Anne Alexander and all those who have died in the past week.

**Anniversary of death:** Harry Hearn, Eileen O'Sullivan and all those whose anniversary falls at this time

*If you or someone you know is in need of prayer please contact Revd Atalie to have a chat and for your name to be added to her private prayers or to the list that is published each week. This list is regularly reviewed, and people added, moved or removed as required. If you are not on the list and would like to be added, or if you or a loved one are, but feel that this is no longer needed, please do let Revd Atalie know.*

**My funeral plans and bereavement.** The Church of England has lots of resources for planning your funeral or coping with bereavement. If you would like to talk this through, please call Revd Atalie.

**<https://www.churchofengland.org/life-events/funerals/my-funeral-plans>**  
**[www.ataloss.org](http://www.ataloss.org)**

If you can't be in church, why not light a candle at home or online.

**[www.churchofengland.org/our-faith/light-candle](https://www.churchofengland.org/our-faith/light-candle)**

## **Next week in church and on Facebook**

### **Sunday 8 August Trinity 10 1030am Sung Eucharist**

Officiant & preacher: Revd Atalie  
Churchwarden: Phil T/ Bill S  
Reader: Brenda W  
Intercessions: Judith R  
Server: Lynn  
Musicians: Simon and the choir  
Welcomers: Marion P, Maggie B  
AV: John R

**Readings:** 2 Samuel 18.5-9, 15, 31-33, Psalm 130, Ephesians 4. 25-5.2, John 6. 35, 41-51

**Music:** 374 How sweet the name of Jesus sounds, Psalm 130, 271 Alleluia, sing to Jesus, 274 Author of life divine, 46 | There's a wideness in God's mercy

### **Dates for your diary**

**Tuesday** morning Eucharist 10am

**Wednesday morning** please take a few minutes to pray for our community.

**Sunday 15 August** 930 Short Said service of Holy Communion.  
1030 Baptism of Enid Edwards.

**Sunday 29 August** 4pm Tea in the Vicarage Garden

**Sunday 5 September** as restrictions lift we hope to return to two services on a Sunday morning from September

**Saturday 11 September** Bike and Hike

**Sunday 26 September** 1030 Harvest Festival – Water is Life

**Friday 14 – Sunday 16 October** Leading Your Church into Growth conference. If you are on the PCC and have said that you would go please sign up online.

**Saturday 15 October** Brookmans Park Rotary sponsored swim, please speak to Nicola Thrussell if you could be part of our team.

**Sunday 7 November** Confirmation service led by Bishop Michael.

# Covid-19 Testing

## With symptoms

PCR tests

### When to take the test

- If you have Covid-19 symptoms
- To confirm your positive lateral flow test result

### How long it takes

- These tests are processed in labs
- Up to 72 hours, most results the next day

### Get a test

- Order online
- At a test site
- Call 119



Find out more at NHS.UK  
or call 119

## Without symptoms

rapid lateral flow tests, rapid Covid-19 tests

### When to take the test

- If you do not have symptoms of Covid-19
- As part of routine testing twice a week

### How long it takes

- Result processed by test device
- Around 30 minutes

### Get a test

- Order online
- At a test site
- Call 119
- Participating workplaces and pharmacies

## Potters Bar Food Bank

### Thank you for all that you are contributing

The food bank is **ONLY** in need of **Cooking Oil, Long Life Milk and toilet roll.**

***Please no other donations for the time being.***

Whilst other donations are appreciated, they are short of storage space, so please consider carefully what you can contribute.

The Foodbank is also in need of funds to help to pay for their storage space which costs £120 a month. Donations can be made through their webpage.

<https://pottersbar.foodbank.org.uk/>

**The collection boxes for the Potters Bar Food Bank are outside the vicarage and in the Link corridor outside the office.**

## How does your garden grow?

As our gardens and allotment begin to show signs of harvest, why don't you share your excess with our church family?

Please bring in your excess fruit and veg and leave it in the hall after coffee.

Please take what you need and make a donation to the Potters Bar Food Bank in exchange.

# Notices

**Coming back to church safely:** There are many members, yet one body... if one member suffers, all suffer together with it; if one member is honoured, all rejoice together with it. (1 Corinthians 12) With the lifting of covid restrictions we are delighted to be singing together in church. However, we still have a duty to care for one another by limiting transmission with reasonable practices. Our online service streaming will continue for those joining from home. And we strongly encourage those coming to the church building to continue to wear face masks and maintain sensible spacing as we worship together. Hand sanitiser will be available as well.

**Home communion:** If you would value receiving Home Communion from Revd Atalie or Judith, then please get in touch and we can arrange to do so. We will of course continue to take Covid19 very seriously but would love to offer this ministry to those who can't be with us in church.

**Please contact As the Halls reopen and become busier,** we are in need of an occasional caretaker. We do not allow any lifting of furniture and is mainly a supervisory role at the beginning and end of an ad-hoc booking. Please speak to Lynn or email her at halls@ for further details. (Good rates of pay!!!)

**Sunday 15 August we will baptise and welcome** Enid Edwards into our church family at 1030. At 930 there will be a said service of Communion.

**Churches Together in Potters Bar, Summer Holiday Club please PRAY for God's blessing on the day.** If you can help in anyway, please email shaunlennard@rcdow.org.uk as soon as possible.

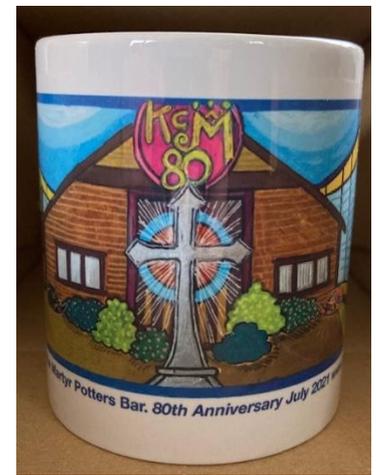
**Please also reserve the date 22 – 26 August 2022 which is the date for next year's Holiday Club – planning will start in September!**

**Spaces still available Holiday Club Afternoon** with activities for primary-school-aged children on **Saturday 7th August 2021 from 1.30 – 5.30pm at Pope Paul School** in Baker Street.

Booking in advance is essential and places are limited, so you should book early to avoid disappointment. The afternoon will cost £5 per child and families with two or more children pay £10 maximum.

To book please go to <https://cclh.churchsuite.com/events/4ydtlykl>

**Celebration mugs.** Our thanks to Rebekah Quantrill Tozer (cousin of Helen Schmitz) who has designed the image for our celebration and to Bill for organising the mugs! The mugs will be displayed in church and online over the next couple of weeks. If you would like one or two but can't yet get to church we can deliver them to you – just email let Bill know [churchwarden2@kcm-church.org.uk](mailto:churchwarden2@kcm-church.org.uk) We are suggesting a donation of £8 to cover costs and to make a small profit for church funds.



Other examples of Rebekah's work can be seen here <https://www.beguilingbeeemporium.co.uk/meet-the-makers/>

**Adoramus needs your help!** Adoramus is unique as a Christian choir and orchestra in North London seeking to share their faith through their music-making and concerts. Like everyone else, we will have been affected by the pandemic, but when we resume rehearsing again, we hope that there will be a good number of people looking for new opportunities to share their faith. So please could you help us by raising awareness of who we are and what we do by sharing this video with your members to help us attract singers of a good standard who want to use their talents in a missional context. Introducing you to the Adoramus Choir. [Nicki Hooke introducing you to the Adoramus Choir 2021 - YouTube](#)

**Tea in the Vicarage Garden Sunday afternoon 29 August at 4pm.**

You are invited to tea at the vicarage on Sunday afternoon, 29 August at 4pm. Bring cake to share and a chair to sit on.

*All are welcome I look forward to welcoming you, Revd Atalie*

**Catch up with Maths at Oakmere School,** a pilot project is running during the holidays at Oakmere school for secondary school students (years 9- 12). These are free sessions. Parents can get more information about these free sessions by emailing me on [oakmeremaths@gmail.com](mailto:oakmeremaths@gmail.com) or by mobile on 07548013623. Naveed

**Local Crime** Please be careful to secure your doors and windows. There have been several burglaries and car thefts from outside houses in the local area in recent weeks.

# Churches Together in Potters Bar

## Saturday Morning Prayer 2021

Join us at 8.30am on the first Saturday of each month as we pray for the Churches and Community of Potters Bar. Meetings last about 45 mins.

In order to make the meetings as accessible as possible during COVID-19 restrictions you can participate in the meeting at home via Zoom or in the church itself.

***Please note in August the prayer meeting will be on the 2<sup>nd</sup> Saturday so that our prayers and Volunteers can help with the Holiday Club***

Saturday 14th August	Our Lady & St Vincent 243, Mutton Lane, EN6 2AT
Saturday 4th Sept	St John's Methodist Church Baker Street, EN6 2DZ
Saturday 2nd October	King Charles the Martyr 368, Mutton Lane, EN6 3AS

**To obtain the joining information for Zoom please contact [ctipbsecretary@gmail.com](mailto:ctipbsecretary@gmail.com)**

## How to access services at KCM

**Sunday mornings at 1030** are usually streamed on Facebook Live.

If you go to the church website [www.kcm-church.org.uk](http://www.kcm-church.org.uk) and click on the link on that page it will take you to Facebook and once you are on the Facebook page you will be able to click on the LIVE streaming or watch the services from previous weeks.

Occasionally we will use Zoom and information on how to join us will be at top of this notice sheet/ email. Orders of Service can be found on our home page of the website.

## **Online from church 1030 on a Sunday morning**

**Sunday** alternating the style of worship

- 1st and 3rd Morning Worship Eucharist
- 2nd and 4th Sung Eucharist with the choir and organ
- 5th Sunday's will be a joint service of Holy communion

From September we hope to be able to return to two services on a Sunday morning.

## **Daily Hope Freephone Telephone Service 0800 804 8044**

It offers music, prayers and reflections as well as full worship services from the Church of England. The call is free & available 24 hours a day on 0800 804 8044

**Radio.** BBC Radio 4 Daily Service at 9.45 each day or Sunday worship at 8am

**Premier Christian Radio** can be located online or at 1305, 1332, 1413 or 1566 MW or DAB and on Freeview on your TV on channel 725.

## **Supporting the work and mission of this church**

The Church of King Charles the Martyr provides a spiritual focus and outstanding facilities for the local community. It is **OUR** church and like all charities, is dependent on the generosity of its members, the local community and others.

If you would like to make a donation towards the work of the Church of King Charles the Martyr, either as a one off or would like to join our regular giving scheme these are the ways that you can donate

- by speaking to our Treasurer to set up **regular giving** to help us plan
- by tapping the **cashless giving machine in church**
- with a text message by texting **KCM 3** to **70085** to donate £3
- online via the **donate button** on our webpage.
- **Amazon Smile** will donate a small percentage of your purchase cost to us - just go to [www.smile.amazon.co.uk](http://www.smile.amazon.co.uk) to sign up
- **Old coins and notes** if you find old coins or notes as you clear out your homes please do let Steve have them as the banks will still accept them.
- **Remember us in your Will.** Legacies are a tax efficient way of giving to the church. Please do think about us when making or revising your Will.

# How to stay in touch

This notice sheet is emailed to all those on our mailing list and posted to those without email access *if you would like to receive a paper copy of this notice sheet please contact the vicar.*

We have a **KCM Family WhatsApp** group for information about the church and a **KCM Jokes WhatsApp** group to share the more light hearted jokes– if you would like to join either of these groups please contact the wardens to be added.

## Keep an eye on our social media

YouTube <https://www.youtube.com/channel/UCbHtNFKZaN7fHVIkIL2tYUQ>

Facebook <https://www.facebook.com/KCMChurchPottersBar/>

Twitter <https://twitter.com/home?lang=en-gb>

Please send information for this notice sheet to Revd Atalie by Wednesday midday.

In case of pastoral emergency please call the Vicarage.

## Contact details:

<b>The Vicar</b>	The Reverend Atalie Gaines 01707 661266 / 07423 586915	Rest Day: Friday vicar@
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*Please email the relevant person and we will get back to you as soon as we are able.*

All email addresses are xxx@kcm-church.org.uk

<b>Lay Minister</b>	David Thomson	
<b>Church Warden</b>	Phil Townsend	churchwarden1@
<b>Church Warden</b>	Bill Simpson	churchwarden2@
<b>Safeguarding Officer</b>	Helen Schmitz	safeguarding@
<b>Halls Administrator</b>	Lynn Jones	halls@
<b>PCC Secretary</b>	Emma Kidd	pccsecretary@
<b>Treasurer</b>	Steve Jones	treasurer@
<b>Children and Families Worker</b>	Claire Driscoll	families@

[www.kcm-church.org.uk](http://www.kcm-church.org.uk)

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