

Welcome back to regular worship at 1030am in Church

It is great that we are able to be back in our building for worship together on this our 79th Anniversary of the Dedication of the building.

We welcome The Archdeacon of Hertford, The Venerable Janet MacKenzie to preach today.

We are aware that not everyone will be able to join us immediately so we will continue to be in contact with them and to stream services as far as we can

How to worship with us this Sunday :

In person at KCM at 1030 - please arrive in good time to sign in, sanitise your hands and find a seat.

From home via Facebook Live from the church (you do not need to have a Facebook account to do this, just click the link below)

- do join us LIVE at 1030 <https://www.facebook.com/KCMChurchPottersBar/>

If you can't be with us at 1030 the recording of the service we hope we will be able to put the service on facebook and our website to view later.

Please do be patient with us. We are all aware with modern technology sometime things do go astray but those working to enable as many of us to be 'together' are doing their best and our thanks go to them for their efforts.

Worship in the church will be very different.

- As you enter please sanitise your hands and sign in.
- There is no call for you to wear a face covering unless you would feel more comfortable in doing so.
- Please follow the Stewards instructions find a seat and fill up from the front and far side.
- You are asked to sit with 3 seats between you and the next household.

- All the words will be on the screen. The notice sheet will still be emailed each week with a few copies to be picked up in church.
- At the moment we cannot have any singing but we are delighted that Simon is able to be back with us to play the organ.
- If you would like to receive communion please wait for the stewards to direct you to the front to receive, and then return by the side aisles to your seat or to the back to return via the centre aisle.
- Communion will be in one kind (bread only) and will only have been touched by Revd Atalie who will sanitise her hands before distribution.
- Please hold out your hands as far from you as possible so that the wafer can be placed in them.
- As the service ends you are asked to leave without delay, sanitising your hands as you leave.
- We are sorry that we can't offer refreshments and we ask that you move outside if you wish to have a socially distanced chat so that we can start to clean the church so we can reopen it for private prayer in the afternoon.
- The car park and halls toilets will be open – please sanitise your hands before touching doors.

Our thanks must go to our wardens, members of the PCC, our staff and all those who have helped with enabling us to reopen for worship. This has been a long journey and we must all be aware that whilst we are easing lockdown and able to worship together again we must continue to take care and be wise. Social distancing and sanitising our hands are still keyways to prevent the spread of the virus.

Staffing. We are pleased that Nicola, our Parish Administrator and Nikki our Children's and Families Worker are both back at work. They are working reduced hours and we are putting plans in place to get Lynn, our Halls Administrator back to work as soon as we have further advice about when we can reopen the building for nonreligious activities ie. Our Hall hirings, We are sorry that we don't have any news on when this might be yet... but we are awaiting more government advice and are planning whilst we are waiting.

How we can continue to help. Last week Bishop Richard preached about the NHS and it brought to mind things that we can continue to do to assist.

Giving blood. I know that there are many within our community who are regular donors but they are always in need of more please do have a look at <https://www.blood.co.uk/> for more information. There are regular sessions at Elm Court and The Wyllotts.

Fistula Hospital in Addis Ababa You may remember that my mother has for many years collected the tops of old tights (the 'pants' in pantyhose) to send to the Fistula Hospital in Addis Ababa to hold on dressings for women who have had surgery. If you have old tights, please do wash them, cut the legs off and drop the tops off at the vicarage so I can send them to Ethiopia.

Potters Bar foodbank. We are happy to be able to offer temporary storage at the back of church but they are still in desperate need of personal hygiene and cleaning products. Please do drop these off at the vicarage.

*Revd Atalie
Thursday 9 July 2020*

Notices

The church will be open for private prayer Sunday's 2-4pm.

Remember, we are easing lockdown, but the virus is not easing up. It is great to be able to socialise more, to be able to go to shops and, soon maybe, even a pub or restaurant, but take care and be wise. Social distancing and washing your hands are still keyways to prevent the spread of the virus.

Zoom Coffee at 1130 on Sunday

Giving to fund our work and mission

Whilst we haven't been able to meet in person our giving and therefore the funding for our church mission has fallen drastically. We know that many charities and business are facing a difficult future and the church is no different. The finance committee has been looking at cutting costs and how we might save on our expenditure, but like all household budgets it is better if we know what is coming in so we can plan for what is going out.

We have a New giving button on the website that you could use to donate to the parish but please do speak to Steve Jones the treasurer about your giving and consider setting up regular donation using the Parish Giving Scheme (PGS) Steve would be delighted to talk to you. (Contact details at the end of this newsletter). This short one minute video helps explain why giving to the church is so vital for our outreach and mission <https://vimeo.com/434326212>

Children's collection. During these lockdown months we have still been supporting our sponsored children through Compassion. If you would like to give

specifically to this cause there is an option on the online giving button on the website to make a note, please use this to indicate where you would like your money to go.

Black Lives Matter. At KCM we are keen to treat everyone equally and to be aware of our own shortcomings in caring for all people but especially those who are treated differently because of their skin colour or ethnicity.

Margaret Pritchard-Houston who is the Diocesan Children's Ministry Enabler (@StAlbansCME) suggests these as useful resources for talking to our children about race and ethnicity.

<https://wendyclairebarrie.com/2017/08/23/talking-with-our-children-about-race/>

<https://christinevhides.com/2020/06/01/talking-about-race-and-racism-with-children/>

Readers for services. We are hoping to have more voices in the online services please do let me know if you would be happy to record a reading or to lead intercessions, especially if you can't be with us, we would still love you read! All you need is a camera phone, the ability to record a video and to email or Whatsapp it to Nicola.

We are also in need of people to read, lead prayers and steward at our services in church. If you feel you are able to help, please contact Nicola, Church Administrator, either by email at office@kcm-church.org.uk or on 07832 327134.

How to create a face covering. If you are creative and able to sew you can make your own face covering – this is Shelia from St Andrew's Bedford (Revd curacy church) demonstrating how easy it is.

https://www.youtube.com/watch?v=86Sum9rMkvU&feature=youtu.be&fbclid=IwAR3GrBuY_Al8mqsmvfF8hAulVlrvlGVMKyCcQkHgblyzxNRU8y4iANFpg8s

Are you creative or good at designing posters? The process for the new notice boards for the front of church is moving along and we need to design the new 'posters' that will go in the frames to tell passers-by what is going on. There are at least 18 different posters that we will need designing telling people about the services, café etc. If you have a visual eye Revd Atalie would be very pleased to hear from you.

Food Bank. Whilst we as a community are supporting the Foodbank by offering temporary storage space in the church, they are still in need of regular donations, especially of personal hygiene items: **Nappies up to 1 year old, Cooking oil, washing powder, liquid & capsules, washing up liquid, hand soap and hand**

sanitizer, tooth brushes and tooth paste, general personal hygiene products.

<https://pottersbar.foodbank.org.uk/>

The box is outside the vicarage if you have donations.

Thank you for all that you have donated thus far.

Please leave donations at the Vicarage by 10am on a Saturday morning.

Prayer

If you or someone you know is in need of prayer please contact Revd Atalie to have a chat and for your name to be added to her private prayers or to the list that is published each week.

Please pray for ALL members of our community, especially:

Those who live in: Cranborne Road, Deepdene, Drayton Avenue, The Drive.

The recently departed: John Bray, Thelma Hale and all those who have died of Covid-19.

Anniversary of death: Violet Porter, Lil Bedford, Chris Niblett, Irene Beale, Olive Fruin, Frank Rowley, Roy Barker.

Please pray for members of our church family.

Those who are going out for the first time in many months, our local businesses that are reopening and school leavers, moving on to new schools and ventures. Especially those children and teachers who are back at school for their final week before the summer break, and those for whom that won't be a possibility until September. For all those who have worked tirelessly for the over the last three months without a break to keep services going.

My funeral plans. Funerals can be on our minds for all sorts of reasons. If you are thinking about sorting out your own funeral service plan, this webpage from the Church of England offers guidance on how to do that, and how it can really help your family when the time comes. If you would like to talk this through, please call Revd Atalie for a chat.

<https://www.churchofengland.org/life-events/funerals/my-funeral-plans>

Virtual Fellowship, Bible Study and Prayer Groups.

We have a Virtual fellowship and Bible study group be led by Gary Dakin on a Monday morning online. If you would like to join this group please contact Church Warden Helen churchwarden2@kcm-church.org.uk for joining instructions.

If a morning group doesn't work for you, when would? We are looking to set up several groups OR would a **small prayer group** be more your thing? Please do contact Revd Atalie if you would like to join these groups or be interested in taking the lead to help get them off the ground.

How has this time affected your spiritual life? How is your prayer life? Research suggests people are praying more and tuning into online worship. One of the great things this time has opened up for some people is that home is a place for prayer. There are resources at the end of this notice sheet to help you. Try to find a few moments each day to be still and say, 'God, here I am, hear my prayer'. Then say whatever you wish, or read aloud/silently a written prayer, or say the Lord's Prayer, or simply be silent. Consider joining or setting up a Bible Fellowship or prayer group.

Chairs have been moved closer together to enable social distancing



Readings for Dedication

Collect

Almighty God,
to whose glory we celebrate the dedication of this house of prayer:
we praise you for the many blessings
you have given to those who worship you here:
and we pray that all who seek you in this place may find you,
and, being filled with the Holy Spirit,
may become a living temple acceptable to you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

I Kings 8:22-30

²² Then Solomon stood before the altar of the Lord in front of the whole assembly of Israel, spread out his hands toward heaven ²³ and said:
“Lord, the God of Israel, there is no God like you in heaven above or on earth below—you who keep your covenant of love with your servants who continue wholeheartedly in your way. ²⁴ You have kept your promise to your servant

David my father; with your mouth you have promised and with your hand you have fulfilled it—as it is today.

²⁵ “Now Lord, the God of Israel, keep for your servant David my father the promises you made to him when you said, ‘You shall never fail to have a successor to sit before me on the throne of Israel, if only your descendants are careful in all they do to walk before me faithfully as you have done.’ ²⁶ And now, God of Israel, let your word that you promised your servant David my father come true.

²⁷ “But will God really dwell on earth? The heavens, even the highest heaven, cannot contain you. How much less this temple I have built! ²⁸ Yet give attention to your servant’s prayer and his plea for mercy, Lord my God. Hear the cry and the prayer that your servant is praying in your presence this day. ²⁹ May your eyes be open toward this temple night and day, this place of which you said, ‘My Name shall be there,’ so that you will hear the prayer your servant prays toward this place. ³⁰ Hear the supplication of your servant and of your people Israel when they pray toward this place. Hear from heaven, your dwelling place, and when you hear, forgive.

Hebrews 12:18-24

¹⁸ You have not come to a mountain that can be touched and that is burning with fire; to darkness, gloom and storm; ¹⁹ to a trumpet blast or to such a voice speaking words that those who heard it begged that no further word be spoken to them, ²⁰ because they could not bear what was commanded: “If even an animal touches the mountain, it must be stoned to death.”^[a] ²¹ The sight was so terrifying that Moses said, “I am trembling with fear.”^[b]

²² But you have come to Mount Zion, to the city of the living God, the heavenly Jerusalem. You have come to thousands upon thousands of angels in joyful assembly, ²³ to the church of the firstborn, whose names are written in heaven. You have come to God, the Judge of all, to the spirits of the righteous made perfect, ²⁴ to Jesus the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel.

Matthew 21:12-16

¹² Jesus entered the temple courts and drove out all who were buying and selling there. He overturned the tables of the money changers and the benches of those selling doves. ¹³ “It is written,” he said to them, “‘My house will be called a house of prayer,’ but you are making it ‘a den of robbers.’”^[b]

¹⁴ The blind and the lame came to him at the temple, and he healed them. ¹⁵ But when the chief priests and the teachers of the law saw the wonderful things he did and the children shouting in the temple courts, “Hosanna to the Son of David,” they were indignant.

¹⁶ “Do you hear what these children are saying?” they asked him.

“Yes,” replied Jesus, “have you never read,

“From the lips of children and infants
you, Lord, have called forth your praise’^[c]?”

Post Communion

Father in heaven, whose Church on earth is a sign of your heavenly peace, an image of the new and eternal Jerusalem:

grant to us in the days of our pilgrimage
that, fed with the living bread of heaven,
and united in the body of your Son,
we may be the temple of your presence,
the place of your glory on earth,
and a sign of your peace in the world;
through Jesus Christ our Lord.

Those on duty today:

Churchwarden:	Phil Townsend
Stewards:	Steve Jones
A/V:	Ed Sullivan
Reader:	Bill Simpson
Gospel & Preacher:	The Venerable Janet MacKenzie
Intercessor:	Bill Simpson

Looking forward

80th Anniversary of the Dedication of the Church Building 2021.

We are starting to look towards our 80th Anniversary in 2021. We will celebrate over the weekend of **Saturday 10 and Sunday 11 July 2021** and need your help. I have had *one offer of help* but we need more if we are going to make this weekend a success.

Revd Atalie

How does your garden grow?

Please do capture with a photo or a picture anything creative that you are doing during this lockdown period. It would be lovely to be able to share those things

that we have been doing whilst we are apart. I hope that we can share them in an exhibition when we are able to return to church.

How to access services at KCM

On Sunday mornings at 1030 in the church. From Sunday 12 July we will be back in the church joining together for a short service of said Communion. At the moment there will be no music or singing as advised by the government and Church of England.

If you wish to receive communion this will be in one kind (the bread only) to minimise contact between the priest and the congregation.

Space in the church will be limited and you will be asked to sit with three seats between each family group to maintain social distancing.

The toilets in the halls complex will be open but we ask that you sanitise your hands as you enter and leave.

If you have any concerns please be in touch with Revd Atalie or the Church Wardens.

Live streamed services. To access the live streamed Eucharist on Facebook **Sunday at 10.30am and Tuesday at 10am.** You **do not** need to have a Facebook account to access these – if you go to the church website www.kcm-church.org.uk and click on the link at the top of the page it will take you to Facebook and once you are on the Facebook page you will be able to click on the LIVE streaming or watch the services from previous weeks.

Please do bear with us as we work out the technology in the church – we know that the sound quality hasn't been good on testing but we are working to fix this.

Orders of service and Hymn words can be found on our website in the News and Notices section on the left-hand side of the home page.

Keep an eye on our social media

Youtube <https://www.youtube.com/channel/UCbHtNFKZaN7fHVIkIL2tYUQ>

Facebook <https://www.facebook.com/KCMChurchPottersBar/>

Twitter <https://twitter.com/home?lang=en-gb>

Radio

If you are a Radio 4 listener you will know that each day at 9.45 the BBC broadcast a daily service. Christian worship with Bible reading, prayer and music.

Several of our congregation have been in contact with them to ask them to publish the list of hymns that they will be using each day so that they can have their hymn books ready and sing along – they have been fruitful and these are now published in advance. If you would like a copy of the words please contact Peter Sansom who is happy to distribute them.

The Daily Service is available on a Radio 4 DAB side channel which is automatically made available about a minute before the programme begins. After tuning to Radio 4 DAB, select "Daily Service" (from your display) with the tuning wheel and press the selector button.

Premier Christian Radio can be located online or at 1305, 1332, 1413 or 1566 MW, on DAB and on 725 Freeview.

Daily Hope Freephone Telephone Service 0800 804 8044

Daily Hope is a **free** national phone line as a simple way to bring worship and prayer into people's homes. It offers music, prayers and reflections as well as full worship services from the Church of England at the end of a telephone line. The call is free and is available **24 hours a day on 0800 804 8044**

Online options from the Church of England

Other options available include [Prayer During the Day and Night Prayer](#), updated daily, from Common Worship, and a recording of the Church of England [weekly national online service](#).

Prayer During the Day and Night Prayer audio are available on [Soundcloud](#) and via the Church's free [Time To Pray app](#).

Readings for next week: 19 July 2020 Trinity 6

Genesis 28. 10-19a, Psalm 139, Romans 8. 12-25, Matt 13. 24- 30, 36 – 43

How to stay in touch

We have a KCMfamily WhatsApp group for information about the church and a KCMjokes WhatsApp group to share the more light hearted jokes and that we wish to share – if you would like to join either of these groups please contact the wardens with your mobile number to be added.

Nicola our Parish Administrator is back from furlough and working from home, please contact her by email and get anything for this email and notice sheet to her by 12noon Wednesday. office@kcm-church.org.uk 07832 327134

Contact details:

The Vicar

The Reverend Atalie Gaines

01707 661266 / 07423 586915

Rest Day: Friday

vicar@kcm-church.org.uk

Please email the relevant person and we will get back to you as soon as we are able.

All email addresses are xxx@kcm-church.org.uk

Church Warden

Phil Townsend

[churchwarden1@](mailto:churchwarden1@kcm-church.org.uk)

Church Warden &

Helen Schmitz

[churchwarden2@](mailto:churchwarden2@kcm-church.org.uk)

Parish Safeguarding Officer

[safeguarding@](mailto:safeguarding@kcm-church.org.uk)

PCC Secretary

Emma Kidd

[pccsecretary@](mailto:pccsecretary@kcm-church.org.uk)

Treasurer

Steve Jones

[treasurer@](mailto:treasurer@kcm-church.org.uk)

Church Administrator

Nicola Thrussell

[office@](mailto:office@kcm-church.org.uk)

Children and Families Worker

Nikki Edwards

[families@](mailto:families@kcm-church.org.uk)

www.kcm-church.org.uk



King Charles the Martyr Church Potters Bar



@KCM_PottersBar

Where to get help

It's Ok to say... if you are not feeling ok, or right or just feeling out of sorts. There are lots of way to get help - below are just some of the organisations that can help. If you are not feeling great please pick up the phone and ask for help.

The Church of England has published this support for our mental health.

[https://www.churchofengland.org/faith-action/mental-health-](https://www.churchofengland.org/faith-action/mental-health-resources/supporting-good-mental-health/supporting-good-mental-health)

[resources/supporting-good-mental-health/supporting-good-mental-health](https://www.churchofengland.org/faith-action/mental-health-resources/supporting-good-mental-health/supporting-good-mental-health)

The Samaritans 116 123 <https://www.samaritans.org/>

Childline 0800 1111

Silverline 0800 470 80 90

Domestic Violence Hotline 0808 2000 247

MIND 0300 123 3393

Age UK 0800 169 6565

**This was a puzzle sent to the KCMjokes group from David Thomson
“You know I love a good visual illusion – this is one of the best I have
seen for a while.”**

Looks like my brain feels! Says Revd Atalie

