

From the Vicar

I hope that you are all managing to keep safe and well. Please do let us know if there is anything that we can do for you. Likewise please do let me know how others are getting on – we want to make sure that no one feels that they are alone if they have to isolate, isolation does not mean no contact with the outside world but people are often reluctant to ask for help or contact.

Please do not feel that you may be intruding by picking up the phone, by our very nature we are an interactive, social species, and there is no need for us to feel lonely or to feel that we cannot ask for help if we need it. If there are others that you haven't seen or heard from please give them a call to let them know we are thinking of them.

We are all part of God's family and family looks out for each other.

Please keep safe, keep well and remember our Lord is always with us, we are never alone.

If there is someone else who you think would like to receive these emails or would like a paper copy please let me know. vicar@kcm-church.org.uk 01707 661266 and please keep an eye on our website and social media as things are changing do quickly!

Sunday 22 March

The Archbishop of Canterbury will lead the first national virtual Church of England service.

The service will be broadcast on ALL BBC local radio stations in England at 8am on Sunday.

www.kcm-church.org.uk



King Charles the Martyr Church Potters Bar



@KCM_PottersBar

How do we continue to worship if we can't meet?

Whilst the Archbishops have suspended public worship, we will endeavour to keep the church open between 9am – 12noon each day for private prayer. We are having new boards made for the front of the church to advertise this to all who pass by.

I will continue to say Morning and Evening Prayer each day in the church, as well as adding midday prayers to my routine when I will especially pray for those affected by the current situation. Please do let me know your prayer requests.

Let us take the time whilst we are apart to open our bibles and meet with God's word; to pray and to daily ponder on scripture and its meaning, is a vital part of our faith and journey. Even more so now that we can't meet together.

For ways to do this please look at www.churchofengland.org.uk which will give you the bible readings for the day, prayers to say and suggestions of how we can worship in our own homes, receive emails or apps with ways to pray and study God's word.

David Thomson is also about to set me up with a web cam so that I can 'live stream' services – we will keep you posted how I am getting on with the technology!

If you would like a prayer booklet and list of bible readings for the Sunday's of the next couple of months let me know and I will drop it off to you at home – likewise if you can think of someone else who would like one please let me know.

We will put together a notice sheet like this each week until we can meet again. It will be emailed and posted online. Please do pass the email on to others if you think it would be useful and let me know of those who need a hard copy so that I can drop it through their doors.

Stay safe and well. Please be assured that I am praying for you and our parish whilst we face this crisis together.

Yours in faith,
Revd Atalie

We have lots of look forward to in the coming months.

- Please put the dates of future social events in your diary (see below).
- If you are being creative whilst isolating we can organise an exhibition in church when we are able to meet again? Or you could make crafts for us to sell at the Christmas Bazaar. If you have patterns to share please let us know.
- I know that many people are out in their gardens whilst the weather is fine. Perhaps this is an opportunity for us to share our gardens in the summer as a fund raiser, and to sell the produce that we are sure to have a bumper crop of this year
- If you have children in the family and are looking for activities or bible stories please be in contact with Nikki our Children and Families worker, families@kcm-church.org.uk who has set up a Facebook page that has all sorts of ideas for activities and bible videos for you to watch.
You may like to have a look at this from Margaret the Diocesan Children's Enabler telling the tale of Sunday's old testament lesson.
<https://www.youtube.com/watch?v=XuFgkGJEwYI&fbclid=IwAR2FXnPL-Yj9QiLpQpq3-qO3sKRtfrnegljzIA6hBjo2kp2rajq4LfqMcD0>

A message from Presidents of Churches Together in England

Light a candle of hope: A national call to prayer

In the midst of the Coronavirus pandemic, Presidents of CTE are calling all churches to a National Day of Prayer & Action on Sunday 22nd March.



This Mothering Sunday, 22nd March, we are calling all churches to a National Day of Prayer and Action. At such a time as this, when so many are fearful and there is great uncertainty, we are reminded of our dependence on our loving Heavenly Father and the future that he holds.

At 7pm this Sunday, light a candle in the windows of your homes as a visible symbol of the light of life, Jesus Christ, our source and hope in prayer.

Whether you are continuing to worship as congregations or not, we have the great privilege and freedom to be able to call upon God, wherever we are, individually and corporately, for healing in our nation. We would pray for all in leadership at this time, making decisions about the containment of the COVID-19 virus, for those working in health and social care, and especially for the most vulnerable, whether elderly or those with underlying health conditions.

We note that this call to prayer and action comes on Mothering Sunday: a time of thankfulness, remembering especially mothers who have served us, often in very costly ways. It is also a very mixed day for many. For some the remembrance is painful, and for others Mothering Sunday is a reminder of disappointment or loss. In many ways, this period under the shadow of the coronavirus will be prompting similarly diverse reactions and so it seems especially appropriate that the call to prayer is made this Sunday. At this time of uncertainty join in with the National Day of Prayer and Action, lighting a candle of hope*.

“Cast all your anxiety on him, because he cares for you” I Peter 5:7

Presidents of Churches Together in England
Archbishop Justin Welby, The Archbishop of Canterbury
Cardinal Vincent Nichols, The Cardinal Archbishop of Westminster
Revd Dr Hugh Osgood, The Free Churches Moderator
Archbishop Angaelos of London, CTE President for the Orthodox Churches
Pastor Agu Irukwu, CTE Pentecostal President

Readings for Mothering Sunday 22 March 2020

Collect Prayer

God of love,
passionate and strong,
tender and careful:
watch over us and hold us
all the days of our life;
through Jesus Christ our Lord.

Exodus 2.1-10

¹ Now a man of the tribe of Levi married a Levite woman, ² and she became pregnant and gave birth to a son. When she saw that he was a fine child, she hid him for three months. ³ But when she could hide him no longer, she got a papyrus basket for him and coated it with tar and pitch. Then she placed the child in it and put it among the reeds along the bank of the Nile. ⁴ His sister stood at a distance to see what would happen to him.

⁵ Then Pharaoh's daughter went down to the Nile to bathe, and her attendants were walking along the riverbank. She saw the basket among the reeds and sent her female slave to get it. ⁶ She opened it and saw the baby. He was crying, and she felt sorry for him. "This is one of the Hebrew babies," she said.

⁷ Then his sister asked Pharaoh's daughter, "Shall I go and get one of the Hebrew women to nurse the baby for you?"

⁸ "Yes, go," she answered. So the girl went and got the baby's mother. ⁹ Pharaoh's daughter said to her, "Take this baby and nurse him for me, and I will pay you." So the woman took the baby and nursed him. ¹⁰ When the child grew older, she took him to Pharaoh's daughter and he became her son. She named him Moses, saying, "I drew him out of the water."

Psalm 34 verses 11-20

11. Come, ye children, and hearken unto me : I will teach you the fear of the Lord.

12. What man is he that lusteth to live : and would fain see good days?

13. Keep thy tongue from evil : and thy lips, that they speak no guile.

14. Eschew evil, and do good : seek peace, and ensue it.

15. The eyes of the Lord are over the righteous : and his ears are open unto their prayers.

16. The countenance of the Lord is against them that do evil : to root out the remembrance of them from the earth.

17. The righteous cry, and the Lord heareth them: and delivereth them out of all their troubles.

18. The Lord is nigh unto them that are of a contrite heart : and will save such as be of an humble spirit.

19. Great are the troubles of the righteous: but the Lord delivereth him out of all.

20. He keepeth all his bones : so that not one of them is broken.

Colossians 3.12-17

¹² Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. ¹³ Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. ¹⁴ And over all these virtues put on love, which binds them all together in perfect unity.

¹⁵ Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. ¹⁶ Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. ¹⁷ And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

John 19.25b-27

²⁵ Near the cross of Jesus stood his mother, his mother's sister, Mary the wife of Clopas, and Mary Magdalene. ²⁶ When Jesus saw his mother there, and the disciple whom he loved standing nearby, he said to her, "Woman, here is your son," ²⁷ and to the disciple, "Here is your mother." From that time on, this disciple took her into his home.

Please pray for ALL members of our community,

Those who are self-isolating or are unwell.

Those who live in: Oakfield Close, Ormesby Drive, Oulton Crescent.

Those who are ill or in need, Those with longer term needs, The recently departed and Those whose anniversary of death falls at this time.

If you or someone you know is in need of prayer please let Revd Atalie know to have your name added to her private prayers or to the list that is published in this notice sheet for the congregation to use.

POSTPONED

The Annual Parochial Church meeting, Wednesday 1 April

Please do keep an eye on our social media and email for more information as it becomes available.

The Electoral Roll revision has been completed.

How can we help each other

Let's keep our spirits up by making a note of something to look forward to and dates for your diary.

Saturday 2 May Race Night

Saturday 27 June Bingo/Beetle Drive

Saturday 19 September Supper Quiz

Saturday 24 October Silent Film with organ Accompaniment by Jonathan Eyre

Sunday 25 October Evensong master class

If you would like to help organise any of these events or have ideas for other things we could be doing whilst we are at home, please let Revd Atalie know.

Phone Buddy

Revd Atalie and the pastoral team are setting up a phone buddying system so that we can be in touch with all those on our electoral roll. It would be really helpful if you were able to let Atalie know who you are already in contact with, this is to make sure that those who don't already have contact have someone from the church calling them to offer support. If you are willing to be in contact with a couple of people let Atalie know.

Food Bank Needs. We are continuing to support Potters Bar Food Bank in this time of crisis. If you are able please add extra to your shopping in the coming weeks to enable others to eat. The food bank is especially in need of: Aptamil for 0 - 6 months old and 12 - 24 months old, UHT milk, Pampers for 0 - 6 months and for 2 years old, No. 4, Rice, Pasta and pasta sauce.

The box has been moved to the link corridor of the church, so that you can drop things off when you are passing, equally if you have donations let Revd Atalie know and we will arrange from them to be picked up.

Communities First COVID-19 Community Volunteer Sign Up

Communities 1st is registered charity working all year round for a more connected and resilient districts of Hertsmere, St Albans and Welwyn/Hatfield.

During this difficult time, we want to make sure that our residents are looking out for one another to help everyone stay safe and healthy.

Lots of people are getting in touch to support others in their community which is great. If you're healthy and at low-risk, you can be a Compassionate Community Connector and help others across the districts of Hertsmere, St Albans and Welwyn/Hatfield. Sign up now, and pass the word on.

<https://www.communities1st.org.uk/COVID-19-community-signup>

A bit of fun. I am going to put stickers with all the names on our electoral roll on the chairs in church so that when I offer communion I am not alone – if you are able please email me a photo that I can print out so that I can have a ‘congregation’ as I say mass on behalf of the church.

Please send all notices to Nicola Thrussell in the Parish Office by 12noon Wednesday.
The church office will not be receiving visitors in person, please use email and phone to contact our staff until further notice.

Contact details:

The Vicar The Reverend Atalie Gaines Rest Day: Friday
01707 661266 / 07423 586915 vicar@kcm-church.org.uk

Office Phone **01707 665579**

Office opening hours Monday to Friday 0900-1200.

Outside these hours please leave a message and the relevant person will get back to you as soon as we are able.

All email addresses are xxx@kcm-church.org.uk

Church Warden	Phil Townsend	churchwarden1@
Church Warden &	Helen Schmitz	churchwarden2@
Parish Safeguarding Officer		safeguarding@
Church Administrator	Nicola Thrussell	office@
Halls Administrator	Lynn Jones	halls@
PCC Secretary	Emma Kidd	pccsecretary@
Treasurer	Steve Jones	treasurer@
Children and Families Worker	Nikki Edwards	families@

www.kcm-church.org.uk



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@KCM_PottersBar

A prayer from the church support hub

Loving God, Bless us all, particularly now.

Particularly when we are comforting others

Particularly when we are offering hope

Particularly when people are isolated

Particularly when we feel overwhelmed ourselves

Particularly when we are afraid.

Help us to remember that you are right here, now, in the midst of us

Calling us by name. Amen.